

指定银行信用卡体检优惠 2026

Medical Check-up Plan for Designated Credit Cards 2026



体检计划 Check-up Plan			基本 General	精选 Elite	体重管理 Nutrition	特选 Superior	优越 Premium
体检计划编号 Check-up Plan Code			CR-GE 男/女 (M/F)	CR-EL 男/女 (M/F)	CR-NU 男/女 (M/F)	CR-SU 男/女 (M/F)	CR-SM 男 (M) CR-SF 女 (F)
优惠价 Discounted Price (HK\$)			\$1,550	\$2,180	\$2,575	\$2,980	\$5,480 \$5,780
原价 Original Price (HK\$)			\$3,070	\$4,550	\$4,700	\$5,450	\$10,720 \$11,200
精选项目 Add on Items							
+ HK\$390 乙型肝炎表面抗原及抗体 HBsAg & HBsAb			+ HK\$830 双 X-光骨质密度检查 (腰椎及股骨)* Bone Density – DEXA (Spine and Hip)*				
+ HK\$490 丙型肝炎抗体 HCV Ab			+ HK\$1,000 肝、胆超声波 # Liver & Gall Bladder Ultrasound #				
+ HK\$360 甲种胎儿蛋白 (肝硬化) Alpha-fetoprotein (Liver)			+ HK\$1,100 盆腔 (经腹部) 超声波 (女性) # Pelvis (transabdominal) Ultrasound (Female) #				
+ HK\$430 柏氏子宫颈涂片检查 (女性) Pap Smear (Female)			+ HK\$2,750 全腹部超声波 (经腹部) # - 肝、胆、肾、胰、脾 + 盆腔 (女性) / 前列腺 (男性)				
+ HK\$440 前列腺癌抗原 (男性) Prostate Specific Antigen (Male)			Whole Abdomen Ultrasound (transabdominal) # - Liver, Gallbladder, Kidneys, Pancreas, Spleen, Pelvis (Female) / Prostate (Male)				
医生全面体格检查	Complete Physical Exam by Doctor		✓	✓	✓	✓	✓
病历及健康问卷	Medical History & Health Questionnaire		✓	✓	✓	✓	✓
体格检查 Physical Exams	身高, 体重及血压	Height, Weight & Blood Pressure	✓	✓	✓	✓	✓
	体重指数及腰臀围量度	BMI & Waist/Hip Ratio	✓	✓	✓	✓	✓
	视力及辨色测试	Visual Acuity & Colour Vision	-	-	✓	✓	✓
	音叉听觉测试	Hearing Test by Tuning Fork	-	-	-	✓	✓
血液检测 Blood Analysis	全血计	Complete Blood Count	✓	✓	✓	✓	✓
	红血球沉降率	ESR	-	✓	-	✓	✓
糖尿病 Diabetes Mellitus	空腹血糖	Glucose (Fasting)	✓	✓	✓	✓	✓
	糖化血色素	HbA1C	-	-	-	-	✓
肝功能 Liver Function	谷草转氨酵素	SGOT / AST	-	-	-	-	✓
	谷丙转氨酵素	SGPT / ALT	✓	✓	✓	✓	✓
	碱性磷酸酵素	Alkaline Phosphatase	✓	✓	✓	✓	✓
	丙种谷氨酸转肽酶	Gamma GT	-	-	-	-	✓
	总胆红素及总蛋白质	Total Bilirubin & Total Protein	-	-	-	-	✓
	白蛋白及球蛋白	Albumin & Globulin	-	-	-	-	✓
肝炎指标 Hepatitis Status	甲型肝炎抗体	Hepatitis A - HAV Ab Total	-	-	-	-	✓
	乙型肝炎表面抗原	Hepatitis B - HBsAg	-	✓	-	-	✓
	乙型肝炎表面抗体	Hepatitis B - HBsAb	-	✓	-	-	✓
痛风症检查 Gout Screening	尿酸	Uric Acid (Gout)	-	✓	✓	✓	✓
血脂分析 Lipid Profile	胆固醇总量	Cholesterol (Total)	✓	✓	✓	✓	✓
	高密度胆固醇	Cholesterol (HDL)	✓	✓	✓	✓	✓
	低密度胆固醇	Cholesterol (LDL)	✓	✓	✓	✓	✓
	三酸甘油酯	Triglycerides	✓	✓	✓	✓	✓
肾功能 Kidney Function	肌酸酐	Creatinine	✓	✓	✓	✓	✓
	尿素	Urea	✓	✓	✓	✓	✓
甲状腺功能 Thyroid Function	甲状腺素	T4	-	✓	-	✓	✓
	促甲状腺素	TSH	-	-	✓	-	✓
关节炎检查 Arthritis Screening	类风湿关节炎因子	Rheumatoid Factor	-	-	-	-	✓
尿液常规检查 Urine Test	尿液分析	Urine Analysis	✓	✓	✓	✓	✓

体检计划 Check Up Plan			基本 General	精选 Elite	体重管理 Nutrition	特选 Superior	优越 Premium	
体检计划编号 Check Up Plan Code			CR-GE 男/女 (M/F)	CR-EL 男/女 (M/F)	CR-NU 男/女 (M/F)	CR-SU 男/女 (M/F)	CR-SM 男 (M)	CR-SF 女 (F)
粪便检查 Stool Test	粪便隐血 粪便常规	Occult Blood Stool Routine	-	✓	-	✓	✓	✓
心脏功能 Cardiac Function	静态心电图 运动压力心电图	Resting ECG Treadmill Stress Test	✓	✓	✓	✓	✓	✓
肺部健康评估 Lung Assessment	胸肺部 X 光平片 # 肺功能测试 - 肺活量检查	Chest X-ray # Lung Function Test - Vitalograph	✓	✓	✓	✓	✓	✓
骨质疏松症检查 Osteoporosis Screening	双 X-光骨质密度检查*	DEXA (Spine and Hip)*	-	-	-	-	-	✓
肿瘤测试 Tumour Markers	甲种胎儿蛋白 (肝硬化)	Alpha-fetoprotein (Liver)	-	-	-	✓	✓	✓
	EB 病毒抗体 (鼻咽癌)	EBV for NPC	-	-	-	✓	✓	✓
	CEA 癌胚抗原 (直肠癌)	Carcinoembryonic Antigen (CEA)	-	-	-	✓	-	-
	前列腺癌抗原	Prostate Specific Antigen (PSA)	-	-	-	-	✓	-
妇女检查 Female Test	盆腔及乳房触诊检查	Pelvic & Breast Exam	-	-	-	-	-	✓
	女医生作柏氏子宫颈涂片检查	Pap Smear by Female doctor	-	-	-	-	-	✓
	乳房超声波 (只适用 < 40 岁) # 或 乳房 X 光造影 (只适用 ≥ 40 岁) #	Breast Ultrasound (for age < 40 only) # or Mammogram (for age ≥ 40 only) #	-	-	-	-	-	✓
身体检查报告 Report & Follow up	报告及建议	Medical report with doctor comment	✓	✓	✓	✓	✓	✓
	医生解释报告	Medical report review by doctor	✓	✓	✓	✓	✓	✓
营养师咨询服务 Dietitian Consultation	营养咨询服务 (约 45 - 60 分钟) ^	Dietetic Service - Nutrition Consultation (around 45 - 60 minutes) ^	-	-	✓	-	-	-

* 骨质密度检查 – 于中环诊所或指定观塘区造影中心作检查。
DEXA in Central Clinic or in Kwun Tong's designated Imaging Centre.

造影检查 - 胸部 X 光/乳房 X 光造影/超声波：
a) 中环 - 于中环诊所同一大厦的造影中心作检查。
b) 观塘 - 胸部 X 光及乳房 X 光造影于观塘诊所作检查。超声波于指定观塘/佐敦区造影中心作检查。

Imaging test – X-ray/Mammogram/Ultrasound:
a) Central – performed in the imaging centre at the same building of Central clinic.
b) Kwun Tong – X-ray & mammogram at Kwun Tong clinic. Ultrasound in designated Imaging Centre in Kwun Tong/Jordan.

^ 位于北角的香港大学专业进修学院 - 营养治疗及教研中心进行 (港铁炮台山站 B 出口)
To be provided by HKU SPACE Dietetic Clinic at North Point (Fortress Hill MTR Station Exit "B")

附加检查项目价格如有更改，恕不另行通知，收费以服务当日为准。
The price of add on items are subject to change without prior notice.
Services are charged at the prevailing rates in the clinic when the services are performed.

指定信用卡：美国运通 / 东亚银行 / 中国银行 / 花旗 / 星展 / 汇丰 / 恒生 / 渣打
Designated Credit Cards: AE / BEA / BOC / Citibank / DBS / HSBC / Hang Seng / SCB

= 美国运通信用卡只适用于中环诊所 Accept "American Express Credit Card" in Central Clinic only =

体检地点 Check-up location：

宝康医疗中心 Blue Care Medical Centre	
中环 Central	电话 Tel (852) 2523 1808 香港中环德辅道中 33 号 10 楼 (港铁中环站 B 出口或香港站 C 出口) 10/F, 33 Des Voeux Road Central, Hong Kong (Central MTR Station Exit B or Hong Kong Station Exit C)
观塘 Kwun Tong	电话 Tel (852) 2523 9383 香港九龙观塘道 418 号创纪之城 5 期东亚银行中心 28 楼 2802 室 (港铁观塘站 A2 出口) Unit 2802, 28/F, BEA Tower, Millennium City 5, 418 Kwun Tong Road, Kowloon (Kwun Tong MTR Station Exit A2)

指定银行信用卡体检 附加检查项目 Additional Items for Designated Credit Cards

附加项目 Additional Items		价格 Price (HK\$)
骨质密度 *	双 X-光骨质密度检查	\$830
Bone Density *	Bone Density - DEXA (Spine and Hip)	
乳房检查 #	乳房 X-光造影 (女性) ♀	\$1,300
Breast Exam #	Mammogram (Female)	
肝炎指标	甲型肝炎抗体	\$310
Hepatitis Status	Hepatitis A – HAV Ab Total	
	乙型肝炎表面抗原及抗体	\$390
	Hepatitis B – HBsAg & HBsAb	
	丙型肝炎抗体	\$490
	Hepatitis C – HCV Ab	
肿瘤指标	甲种胎儿蛋白 (肝癌及肝硬化)	\$360
Tumor Marker	Alpha-fetoprotein (AFP)	
	CEA 癌胚抗原 (直肠癌)	\$440
	Carcinoembryonic Antigen (CEA)	
	EB 病毒抗体 (鼻咽癌)	\$440
	EBV serology for NPC EB	
	柏氏子宫颈涂片检查 (由女医生主理) - 女性 ♀	\$430
	Pap Smear (by female doctor) – female	
	前列腺癌抗原 (男性) ♂	\$440
	Prostate Specific Antigen (PSA) – male	
	CA125 (卵巢癌) (女性) ♀	\$450
	CA125 (Ovary) (Female)	
	CA19.9 (胰脏癌)	\$450
	CA19.9 (Pancreas)	
超声波 #	肝、胆超声波	\$1,000
Ultrasound #	Liver & Gall Bladder Ultrasound	
	盆腔超声波 (经腹部) (女性) ♀	\$1,100
	Pelvis Ultrasound (transabdominal) (Female)	
	膀胱及前列腺 (经腹部) (男性) ♂	\$1,200
	Urinary Bladder & Prostate (transabdominal) (Male)	
	乳房超声波 (女性) ♀	\$1,300
	Breast Ultrasound (Female)	
	上腹部超声波 (肝、胆、肾、胰、脾)	\$2,050
	Upper Abdomen Ultrasound (Liver, Gall Bladder, Kidney, Pancreas, Spleen)	
	全腹部超声波 [上腹部 + 盆腔 (女性) / 前列腺 (男性)]	\$2,750
	Whole Abdomen Ultrasound (Upper Abdomen + Pelvis (Female) / Prostate (Male))	
心脏功能	运动压力心电图	\$2,000
Cardiac Function	Treadmill Stress Test	

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a) 中环 - 于中环诊所同一大厦的造影中心作检查。

b) 观塘 - 胸部 X 光及乳房 X 光造影于观塘诊所作检查。超声波于指定观塘/佐敦区造影中心作检查。

Imaging test – X-ray/Mammogram/Ultrasound:

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附加检查项目价格如有更改，恕不另行通知。收费以服务当日为准。

The price of optional items is subject to change without prior notice.

Services are charged at the prevailing rates in the clinic when the services are performed.

指定银行信用卡疫苗优惠 Special Vaccination offer for Designated Credit Cards

疫苗	SHINGRIX 生蛇疫苗 (2 针)	
Vaccine	SHINGRIX Shingles Vaccination (2 doses)	HK\$5,200

注 Note:

- 只适用 50 岁或以上/18 岁或以上的高危人士。
Applicable to aged 50 or above/aged 18 years or above at increased risk of herpes zoster only.
- 已包疫苗注射前医生评估
Doctor's assessment prior to the vaccination is included.
- 疫苗按供应情况而定，售完即止。
Offer is valid while stock lasts.
- 已购买之生蛇疫苗有效期为 6 个月，必须于 6 个月内完成接种 (以首针计算)，逾期作废。
SHINGRIX Vaccination injection will be valid for 6 months starting from the date of the first injection.

条款及细则

- 此优惠有效期为 2026 年 1 月 1 日至 2026 年 12 月 31 日。
- 体检者须先预约，并向职员指明欲参加之体检计划编号或疫苗。
- 体检者缴费时需以指定银行信用卡签账，方可享有上列之优惠价。
- 此优惠不可兑换现金、礼券/现金券或其他货品/服务，亦不可与任何其他推广优惠同时使服务，亦不可与任何其他推广优惠同时使用。
- 此优惠须受宝康医疗中心相关条款及细则约束。
- 宝康医疗中心保留权利修改此优惠而毋须事先另行通知。
- 有关此优惠之任何争议，宝康医疗中心保留最终决定权。

Terms and Conditions

- These offers valid from 1st January 2026 to 31st December 2026.
- All examinees require advance booking, and stated the selected check-up plan code/vaccine to our staff.
- The examinee is required to settle payment with the eligible Cards
- The offer cannot be exchanged for cash, gift/ cash vouchers, or other products/ services, nor be used in conjunction with any other promotional offers.
- The offers are bound by the terms and conditions of Blue Care Medical Centre.
- Blue Care Medical Centre reserves the right to amend any discounts without prior notice.
- In case of any dispute, the decision of Blue Care Medical Centre shall be final.