

## 指定銀行信用卡體檢優惠 2026

### Medical Check-up Plan for Designated Credit Cards 2026



體檢計劃 Check-up Plan	基本 General	精選 Elite	體重管理 Nutrition	特選 Superior	優越 Premium	
					CR-GE 男/女 (M/F)	CR-EL 男/女 (M/F)
體檢計劃編號 Check-up Plan Code	CR-GE 男/女 (M/F)	CR-EL 男/女 (M/F)	CR-NU 男/女 (M/F)	CR-SU 男/女 (M/F)	CR-SM 男 (M)	CR-SF 女 (F)
優惠價 Discounted Price (HK\$)	\$1,550	\$2,180	\$2,575	\$2,980	\$5,480	\$5,780
原價 Original Price (HK\$)	\$3,070	\$4,550	\$4,700	\$5,450	\$10,720	\$11,200
精選項目 Add on Items						
+ HK\$390 乙型肝炎表面抗原及抗體 HBsAg & HBsAb	+ HK\$830 雙 X-光骨質密度檢查 (腰椎及股骨)* Bone Density – DEXA (Spine and Hip)*					
+ HK\$490 丙型肝炎抗體 HCV Ab	+ HK\$1,000 肝、膽超聲波 # Liver & Gall Bladder Ultrasound #					
+ HK\$360 甲種胎兒蛋白 (肝硬化) Alpha-fetoprotein (Liver)	+ HK\$1,100 盆腔 (經腹部) 超聲波 (女性) # Pelvis (transabdominal) Ultrasound (Female) #					
+ HK\$430 柏氏子宮頸塗片檢查 (女性) Pap Smear (Female)	+ HK\$2,750 全腹部超聲波 (經腹部) # - 肝、膽、腎、胰、脾 + 盆腔 (女性) / 前列腺 (男性) Whole Abdomen Ultrasound (transabdominal) # - Liver, Gallbladder, Kidneys, Pancreas, Spleen, Pelvis (Female) / Prostate(Male)					
+ HK\$440 前列腺癌抗原 (男性) Prostate Specific Antigen (Male)						
醫生全面體格檢查 Complete Physical Exam by Doctor	✓	✓	✓	✓	✓	✓
病歷及健康問卷 Medical History & Health Questionnaire	✓	✓	✓	✓	✓	✓
身高, 體重及血壓 Height, Weight & Blood Pressure	✓	✓	✓	✓	✓	✓
體格檢查 Physical Exams	體重指數及腰臀圍量度 BMI & Waist/Hip Ratio	✓	✓	✓	✓	✓
視力及辨色測試 Visual Acuity & Colour Vision	-	-	✓	✓	✓	✓
音叉聽覺測試 Hearing Test by Tuning Fork	-	-	-	✓	✓	✓
血液檢測 Blood Analysis	全血計 Complete Blood Count	✓	✓	✓	✓	✓
紅血球沉降率 ESR	-	✓	-	✓	✓	✓
糖尿病 Diabetes Mellitus	空腹血糖 Glucose (Fasting)	✓	✓	✓	✓	✓
糖化血色素 HbA1C	-	-	-	-	✓	✓
谷草轉氨酵素 SGOT / AST	-	-	-	-	✓	✓
谷丙轉氨酵素 SGPT / ALT	✓	✓	✓	✓	✓	✓
肝功能 Liver Function	鹼性磷酸酵素 Alkaline Phosphatase	✓	✓	✓	✓	✓
丙種谷氨酸轉肽酶 Gamma GT	-	-	-	-	✓	✓
總膽紅素及總蛋白質 Total Bilirubin & Total Protein	-	-	-	-	✓	✓
白蛋白及球蛋白 Albumin & Globulin	-	-	-	-	✓	✓
肝炎指標 Hepatitis Status	甲型肝炎抗體 Hepatitis A - HAV Ab Total	-	-	-	-	✓
乙型肝炎表面抗原 Hepatitis B - HBsAg	-	✓	-	-	✓	✓
乙型肝炎表面抗體 Hepatitis B - HBsAb	-	✓	-	-	✓	✓
痛風症檢查 Gout Screening	尿酸 Uric Acid (Gout)	-	✓	✓	✓	✓
膽固醇總量 Cholesterol (Total)	✓	✓	✓	✓	✓	✓
血脂分析 Lipid Profile	高密度膽固醇 Cholesterol (HDL)	✓	✓	✓	✓	✓
低密度膽固醇 Cholesterol (LDL)	✓	✓	✓	✓	✓	✓
三酸甘油脂 Triglycerides	✓	✓	✓	✓	✓	✓
腎功能 Kidney Function	肌酸酐 Creatinine	✓	✓	✓	✓	✓
尿素 Urea	✓	✓	✓	✓	✓	✓
甲狀腺功能 Thyroid Function	甲狀腺素 T4	-	✓	-	✓	✓
促甲狀腺素 TSH	-	-	✓	-	✓	✓
關節炎檢查 Arthritis Screening	類風濕關節炎因子 Rheumatoid Factor	-	-	-	-	✓
尿液常規檢查 Urine Test	尿液分析 Urine Analysis	✓	✓	✓	✓	✓

體檢計劃 Check Up Plan		基本	精選	體重管理	特選	優越	
體檢計劃編號 Check Up Plan Code		General	Elite	Nutrition	Superior	Premium	
		CR-GE 男/女 (M/F)	CR-EL 男/女 (M/F)	CR-NU 男/女 (M/F)	CR-SU 男/女 (M/F)	CR-SM 男 (M)	CR-SF 女 (F)
糞便檢查 Stool Test	糞便隱血 Stool Routine	-	✓	-	✓	✓	✓
心臟功能 Cardiac Function	靜態心電圖 Treadmill Stress Test	-	-	-	✓	✓	✓
肺部健康評估 Lung Assessment	胸肺部 X 光平片 # 肺功能測試 - 肺活量檢查	-	✓	-	-	✓	-
骨質疏鬆症檢查 Osteoporosis Screening	雙 X-光骨質密度檢查* 甲種胎兒蛋白 (肝硬化) EB 病毒抗體 (鼻咽癌)	DEXA (Spine and Hip)* Alpha-fetoprotein (Liver) EBV for NPC	-	-	-	-	✓
Tumour Markers	CEA 癌胚抗原 (直腸癌) 前列腺癌抗原	Carcinoembryonic Antigen (CEA) Prostate Specific Antigen (PSA)	-	-	-	✓	-
婦女檢查 Female Test	盆腔及乳房觸診檢查 女醫生作柏氏子宮頸塗片檢查 乳房超聲波 (只適用 < 40 歲) # 或 乳房 X 光造影 (只適用 ≥ 40 歲) #	Pelvic & Breast Exam Pap Smear by Female doctor Breast Ultrasound (for age < 40 only) # or Mammogram (for age ≥ 40 only) #	-	-	-	-	✓
身體檢查報告 Report & Follow up	報告及建議 醫生解釋報告	Medical report with doctor comment Medical report review by doctor	✓	✓	✓	✓	✓
營養師諮詢服務 Dietitian Consultation	營養諮詢服務 (約 45 - 60 分鐘) ^	Dietetic Service - Nutrition Consultation (around 45 - 60 minutes) ^	-	-	✓	-	-

\* 骨質密度檢查 - 於中環診所或指定觀塘區造影中心作檢查。

DEXA in Central Clinic or in Kwun Tong's designated Imaging Centre.

# 造影檢查 - 胸部 X 光/乳房 X 光造影/超聲波:

a) 中環 - 於中環診所同一大廈的造影中心作檢查。

b) 觀塘 - 胸部 X 光及乳房 X 光造影於觀塘診所作檢查。超聲波於指定觀塘/佐敦區造影中心作檢查。

# Imaging test - X-ray/Mammogram/Ultrasound:

a) Central - performed in the imaging centre at the same building of Central clinic.

b) Kwun Tong - X-ray & mammogram at Kwun Tong clinic. Ultrasound in designated Imaging Centre in Kwun Tong/Jordan.

^ 位於北角的香港大學專業進修學院 - 營養治療及教研中心進行 (港鐵炮台山站 B 出口)

To be provided by HKU SPACE Dietetic Clinic at North Point (Fortress Hill MTR Station Exit "B")

附加檢查項目價格如有更改，恕不另行通知，收費以服務當日為準。

The price of add on items are subject to change without prior notice.

Services are charged at the prevailing rates in the clinic when the services are performed.

**指定信用卡: 美國運通 / 中國銀行 / 花旗 / 星展 / 汇豐 / 恒生 / 渣打**

**Designated Credit Cards: AE / BOC / Citibank / DBS / HSBC / Hang Seng / SCB**

**= 美國運通信用卡只適用於中環診所 Accept "American Express Credit Card" in Central Clinic only =**

**體檢地點 Check-up location :**

寶康醫療中心 Blue Care Medical Centre	
中環 Central	電話 Tel (852) 2523 1808 香港中環德輔道中 33 號 10 樓 (港鐵中環站 B 出口或香港站 C 出口) 10/F, 33 Des Voeux Road Central, Hong Kong (Central MTR Station Exit B or Hong Kong Station Exit C)
觀塘 Kwun Tong	電話 Tel (852) 2523 9383 香港九龍觀塘道 418 號創紀之城 5 期東亞銀行中心 28 樓 2802 室 (港鐵觀塘站 A2 出口) Unit 2802, 28/F, BEA Tower, Millennium City 5, 418 Kwun Tong Road, Kowloon (Kwun Tong MTR Station Exit A2)

### 指定銀行信用卡體檢 附加檢查項目 Additional Items for Designated Credit Cards

附加項目 Additional Items	價格 Price (HK\$)
骨質密度 * 雙 X-光骨質密度檢查	\$830
Bone Density * Bone Density - DEXA (Spine and Hip)	
乳房檢查 # 乳房 X-光造影 (女性) 	\$1,300
Breast Exam # Mammogram (Female)	
肝炎指標 甲型肝炎抗體	\$310
Hepatitis Status Hepatitis A – HAV Ab Total	
乙型肝炎表面抗原及抗體	\$390
Hepatitis B – HBsAg & HBsAb	
 丙型肝炎抗體	\$490
Hepatitis C – HCV Ab	
腫瘤指標 甲種胎兒蛋白 (肝癌及肝硬化)	\$360
Tumor Marker Alpha-fetoprotein (AFP)	
CEA 癌胚抗原 (直腸癌)	\$440
Carcinoembryonic Antigen (CEA)	
EB 病毒抗體 (鼻咽癌)	\$440
EBV serology for NPC EB	
柏氏子宮頸塗片檢查 (由女醫生主理) - 女性 	\$430
Pap Smear (by female doctor) – female	
前列腺癌抗原 (男性)	\$440
Prostate Specific Antigen (PSA) – male 	
 CA125 (卵巢癌) (女性) 	\$450
CA125 (Ovary) (Female)	
 CA19.9 (胰臟癌)	\$450
CA19.9 (Pancreas)	
超聲波 # 肝、膽超聲波	\$1,000
Ultrasound # Liver & Gall Bladder Ultrasound	
盆腔超聲波 (經腹部) (女性) 	\$1,100
Pelvis Ultrasound (transabdominal) (Female)	
 膀胱及前列腺 (經腹部) (男性)	\$1,200
Urinary Bladder & Prostate (transabdominal) (Male) 	
乳房超聲波 (女性) 	\$1,300
Breast Ultrasound (Female)	
上腹部超聲波 (肝、膽、腎、胰、脾)	\$2,050
Upper Abdomen Ultrasound (Liver, Gall Bladder, Kidney, Pancreas, Spleen)	
全腹部超聲波 [上腹部 + 盆腔 (女性) / 前列腺 (男性)]	\$2,750
Whole Abdomen Ultrasound (Upper Abdomen + Pelvis (Female) /Prostate (Male))	
心臟功能 運動壓力心電圖	\$2,000
Cardiac Function Treadmill Stress Test	

\* 骨質密度檢查 – 於中環診所或指定觀塘區造影中心作檢查。

DEXA in Central Clinic or in Kwun Tong's designated Imaging Centre.

# 造影檢查 - 胸部 X 光/乳房 X 光造影/超聲波:

a) 中環 - 於中環診所同一大廈的造影中心作檢查。

b) 觀塘 - 胸部 X 光及乳房 X 光造影於觀塘診所作檢查。超聲波於指定觀塘/佐敦區造影中心作檢查。

# Imaging test – X-ray/Mammogram/Ultrasound:

a) Central – performed in the imaging centre at the same building of Central clinic.

b) Kwun Tong – X-ray & mammogram at Kwun Tong clinic. Ultrasound in designated Imaging Centre in Kwun Tong/Jordan.

附加檢查項目價格如有更改，恕不另行通知，收費以服務當日為準。

The price of optional items is subject to change without prior notice.

Services are charged at the prevailing rates in the clinic when the services are performed.

## 指定銀行信用卡疫苗優惠 Special Vaccination offer for Designated Credit Cards

疫苗 Vaccination	SHINGRIX 生蛇疫苗 (2 針) SHINGRIX Shingles Vaccination (2 doses)	HK\$5,200
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## 註 Note :

1. 只適用 50 歲或以上/18 歲或以上的高危人士。  
Applicable to aged 50 or above/aged 18 years or above at increased risk of herpes zoster only.
2. 已包疫苗注射前醫生評估。  
Doctor's assessment prior to the vaccination is included.
3. 疫苗按供應情況而定，售完即止。  
Offer is valid while stock lasts.
4. 已購買之生蛇疫苗有效期為 6 個月，必須於 6 個月內完成接種 (以首針計算)，逾期作廢。  
SHINGRIX Vaccination injection will be valid for 6 months starting from the date of the first injection.

條款及細則

1. 此優惠有效期為 2026 年 1 月 1 日至 2026 年 12 月 31 日。
2. 體檢者須先預約，並向職員指明欲參加之體檢計劃編號或疫苗。
3. 體檢者繳費時需以指定銀行信用卡簽賬，方可享有上列之優惠價。
4. 此優惠不可兌換現金、禮券/現金券或其他貨品/服務，亦不可與任何其他推廣優惠同時使服務，亦不可與任何其他推廣優惠同時使用。
5. 此優惠須受寶康醫療中心相關條款及細則約束。
6. 寶康醫療中心保留權利修改此優惠而毋須事先另行通知。
7. 有關此優惠之任何爭議，寶康醫療中心保留最終決定權。

Terms and Conditions

1. These offers valid from 1<sup>st</sup> January 2026 to 31<sup>st</sup> December 2026.
2. All examinees require advance booking, and stated the selected check-up plan code/vaccine to our staff.
3. The examinee is required to settle payment with the eligible Cards
4. The offer cannot be exchanged for cash, gift/ cash vouchers, or other products/ services, nor be used in conjunction with any other promotional offers.
5. The offers are bound by the terms and conditions of Blue Care Medical Centre.
6. Blue Care Medical Centre reserves the right to amend any discounts without prior notice.
7. In case of any dispute, the decision of Blue Care Medical Centre shall be final.