

女士体检计划 Female Check-up Plan

| | | | 标准 Standard | 精选 Classic |
|---|--|-------------------------------|----------------|---------------|
| 计划编号 Plan Code | | | F2 | B15 |
| 医生会诊的体格检查 Physical Exam by Doctor | | | ✓ | ✓ |
| 病历及健康问卷 Medical History & Health Questionnaire | | | ✓ | ✓ |
| 体格检查 Physical Exam | 身高及体重 | Height & Weight | ✓ | ✓ |
| | 血压及脉搏 | Blood Pressure & Pulse | ✓ | ✓ |
| | 体重指数及腰臀围量度 | BMI & Waist/Hip Ratio | ✓ | ✓ |
| | 视力及辨色测试 | Visual Acuity & Colour Vision | - | ✓ |
| 血液检测 Blood Analysis | 全血计 | Complete Blood Count | ✓ | ✓ |
| 糖尿病评估 Diabetes Assessment | 空腹血糖 | Glucose (Fasting) | ✓ | ✓ |
| 肝功能测试 Liver Function | 谷草转氨酶 | SGOT / AST | - | ✓ |
| | 谷丙转氨酶 | SGPT / ALT | ✓ | ✓ |
| | 碱性磷酸酶 | Alkaline Phosphatase | - | ✓ |
| | 丙种谷氨酰转肽酶 | Gamma GT | - | ✓ |
| | 总胆红素 | Total Bilirubin | - | ✓ |
| 痛风症检查 Gout Screening | 尿酸 | Uric Acid | - | ✓ |
| 血脂分析 Lipid Profile | 胆固醇总量 | Cholesterol (Total) | ✓ | ✓ |
| | 高密度胆固醇 | Cholesterol (HDL) | ✓ | ✓ |
| | 低密度胆固醇 | Cholesterol (LDL) | ✓ | ✓ |
| | 高密度胆固醇比值 | Total/HDL Cholesterol Ratio | - | ✓ |
| | 三酸甘油酯 | Triglycerides | ✓ | ✓ |
| 肾功能 Kidney Function | 尿素 | Urea | - | ✓ |
| | 肌酸酐 | Creatinine | ✓ | ✓ |
| 甲状腺 Thyroid Function | 甲状腺素 | T4 | ✓ | ✓ |
| 关节炎检查 Arthritis Screening | 类风湿关节炎因子 | Rheumatoid Factor | - | ✓ |
| 尿液常规检查 Urine Test | 尿液分析 | Urine Analysis | ✓ | ✓ |
| 粪便检查 Stool Test | 粪便隐血 | Occult Blood | - | ✓ |
| 自选组合(仅限二选一) Self-selected Items (Choose either 1) | 1) 乙型肝炎测试 - 乙型肝炎表面抗原及抗体 Hepatitis B Test - HbsAg & HbsAb 或 OR 2) 肿瘤测试 - 甲种胎儿蛋白(肝硬化) Tumour Markers - AFP (liver) | | - | ✓ |
| 肺部健康评估 Lung Assessment | 胸肺部 X 光平片 # | Chest X-Ray # | ✓ | ✓ |
| 心脏功能 Cardiac Function | 静态心电图 | Resting ECG | ✓ | ✓ |

女士体检计划 Female Check-up Plan

| | | | 标准 Standard | 精选 Classic |
|-----------------------------|----------------------------|---|----------------|---------------|
| 计划编号 Plan Code | | | F2 | B15 |
| 妇女检查 Female Test | 女医生作乳房及盆腔触诊检查 柏氏子宫颈涂片检查 | Breast & Pelvic Exam by Female doctor Pap Smear | ✓ | - |
| 报告与跟进 Report & Follow Up | 报告及医生建议 医生解释报告 | Medical report with doctor comment Medical report review by doctor | ✓ | ✓ |
| 原价 Original Price (HK\$) | | | \$3,780 | \$4,580 |
| 优惠价 Special Price (HK\$) | | | \$1,980 | \$2,480 |

自选额外检查项目 (须与上述体检计划一同选购) Optional items (To be taken with the above plan)

| 检验范畴 Investigation Categories | 检验项目 Check-up Items | 价格 Price (HK\$) | |
|-------------------------------|---|---|---------|
| 肿瘤指标 Tumor Marker | 甲种胎儿蛋白 (肝癌) Alpha-fetoprotein (AFP) | \$360 | |
| | CEA 癌胚抗原 (直肠癌) Carcinoembryonic Antigen (CEA) | \$440 | |
| | EB 病毒抗体 (鼻咽癌) EBV serology for NPC | \$450 | |
| | CA125 (卵巢癌) CA125 (Ovary) | \$470 | |
| | CA19.9 (胰脏癌) CA19.9 (Pancreas) | \$470 | |
| | 妇科检查及柏氏子宫颈涂片检查 Gynecological Examination & Pap Smear | \$660 | |
| | 骨质 * Bone * | 骨质新陈代谢 - 维他命 D Bone Metabolism – Vitamin D Total | \$700 |
| | | 双 X-光骨质密度检查 DEXA (Spine & Hip) | \$850 |
| 乳房 # Breasts # | | 乳房超声波 Ultrasound Breast | \$1,350 |
| | 乳房 X-光造影 Mammogram | \$1,600 | |
| 盆腔 # Pelvis # | 盆腔超声波 (经腹部) Ultrasound Pelvis (transabdominal) | \$1,180 | |
| 心脏 Heart | 运动压力心电图 Treadmill Stress Test | \$2,150 | |
| 肝炎指标 Hepatitis Status | 乙型肝炎表面抗原及抗体 Hepatitis B – HBsAg & HBsAb | \$410 | |
| | 丙型肝炎抗体 Hepatitis C – HCV Ab | \$510 | |

自选额外检查项目 (须与上述体检计划一同选购) Optional items (To be taken with the above plan)

| 检验范畴 Investigation Categories | 检验项目 Check-up Items | 价格 Price (HK\$) |
|----------------------------------|---|-----------------|
| 腹部 # Abdomen # | 上腹部超声波 (肝、胆、肾、胰、脾) Ultrasound Upper Abdomen (Liver, Gall Bladder, Kidney, Pancreas, Spleen) | \$2,300 |
| | 全腹部超声波 (经腹部) 上腹部 + 盆腔 Ultrasound Whole Abdomen (transabdominal) Upper Abdomen + Pelvis | \$2,850 |
| 过敏检查服务 Allergy Screening Test | 华南过敏原检查 – 包括 84 种常见检测致敏原 South China Allergy Screening - Cover 84 common allergens | \$2,750 |
| 过敏检查服务 Allergy Screening Test | ALEX 过敏检查服务 - 多达 300 项检测致敏分子 ALEX Allergy Screening Test - Up to 300 allergens SlgE | \$5,500 |

* 骨质密度检查 – 于中环诊所或指定观塘区造影中心作检查
DEXA (Spine and Hip) available in Central Clinic or referral to designated Imaging Centre in Kwun Tong/Jordan.

造影检查 - 胸部 X 光/乳房 X 光造影/超声波:

- a) 中环 - 于中环诊所同一大厦的造影中心作检查
- b) 观塘 - 胸部 X 光及乳房 X 光造影于观塘诊所作检查。超声波于指定观塘/佐敦区造影中心作检查

For imaging test – X-ray/mammogram/ultrasound:

- a) Central – performed in the imaging centre at the same building of Central clinic.
- b) Kwun Tong – X-ray & mammogram at Kwun Tong clinic. Ultrasound in designated Imaging Centre in Kwun Tong/Jordan.

附加检查项目价格如有更改，恕不另行通知，收费以服务当日为准。
The price of optional items is subject to change without prior notice.
Services are charged at the prevailing rates in the clinic when the services are performed.

体检地点 Check-up location 宝康医疗中心 Blue Care Medical Centre

| | |
|-----------------|---|
| 中环 Central | 电话 Tel (852) 2523 1808 香港中环德辅道中 33 号 10 楼 (港铁中环站 B 出口或香港站 C 出口) 10/F, 33 Des Voeux Road Central, Hong Kong (Central MTR Station Exit B or Hong Kong Station Exit C) |
| 观塘 Kwun Tong | 电话 Tel (852) 2523 9383 香港九龙观塘道 418 号创纪之城 5 期东亚银行中心 28 楼 2802 室 (港铁观塘站 A2 出口) Unit 2802, 28/F, BEA Tower, Millennium City 5, 418 Kwun Tong Road, Kowloon (Kwun Tong MTR Station Exit A2) |

生效日期: 2026 年 3 月 1 日
Effective date: 1 Mar 2026