

## 女士体检计划 Female Check-up Plan

		标准 Standard	精选 Classic
计划编号 Plan Code		F2	B15
医生会诊的体格检查 Physical Exam by Doctor		✓	✓
病历及健康问卷 Medical History & Health Questionnaire		✓	✓
体格检查 Physical Exam	身高及体重 Height & Weight	✓	✓
	血压及脉搏 Blood Pressure & Pulse	✓	✓
	体重指数及腰臀围量度 BMI & Waist/Hip Ratio	✓	✓
	视力及辨色测试 Visual Acuity & Colour Vision	-	✓
血液检测 Blood Analysis	全血计 Complete Blood Count	✓	✓
糖尿病评估 Diabetes Assessment	空腹血糖 Glucose (Fasting)	✓	✓
肝功能测试 Liver Function	谷草转氨酶 SGOT / AST	-	✓
	谷丙转氨酶 SGPT / ALT	✓	✓
	碱性磷酸酶 Alkaline Phosphatase	-	✓
	丙种谷氨酰转肽酶 Gamma GT	-	✓
	总胆红素 Total Bilirubin	-	✓
痛风症检查 Gout Screening	尿酸 Uric Acid	-	✓
	胆固醇总量 Cholesterol (Total)	✓	✓
	高密度胆固醇 Cholesterol (HDL)	✓	✓
	低密度胆固醇 Cholesterol (LDL)	✓	✓
血脂分析 Lipid Profile	高密度胆固醇比值 Total/HDL Cholesterol Ratio	-	✓
	三酸甘油脂 Triglycerides	✓	✓
肾功能 Kidney Function	尿素 Urea	-	✓
	肌酸酐 Creatinine	✓	✓
甲状腺 Thyroid Function	甲状腺素 T4	✓	✓
关节炎检查 Arthritis Screening	类风湿关节炎因子 Rheumatoid Factor	-	✓
尿液常规检查 Urine Test	尿液分析 Urine Analysis	✓	✓
粪便检查 Stool Test	粪便隐血 Occult Blood	-	✓
自选组合(仅限二选一) Self-selected Items (Choose either 1)	1) 乙型肝炎测试 - 乙型肝炎表面抗原及抗体 Hepatitis B Test - HbsAg & HbsAb 或 OR 2) 肿瘤测试 - 甲种胎儿蛋白 (肝硬化) Tumour Markers - AFP (liver)	-	✓
肺部健康评估 Lung Assessment	胸肺部 X 光平片 # Chest X-Ray #	✓	✓
心脏功能 Cardiac Function	静态心电图 Resting ECG	✓	✓

## 女士体检计划 Female Check-up Plan

计划编号 Plan Code		女医生作乳房及盆腔触诊检查 Breast & Pelvic Exam by Female doctor	标准 Standard	精选 Classic
			F2	B15
妇女检查	Female Test	女医生作乳房及盆腔触诊检查 Breast & Pelvic Exam by Female doctor	✓	-
报告与跟进	Report & Follow Up	柏氏子宫颈涂片检查 Pap Smear	✓	-
		报告及医生建议 Medical report with doctor comment	✓	✓
		医生解释报告 Medical report review by doctor	✓	✓
		原价 Original Price (HK\$)	\$3,780	\$4,580
		优惠价 Special Price (HK\$)	\$1,980	\$2,480

自选额外检查项目 (须与上述体检计划一同选购) Optional items (To be taken with the above plan)

检验范畴 Investigation Categories	检验项目 Check-up Items	价格 Price (HK\$)
肿瘤指标 Tumor Marker	甲种胎儿蛋白 (肝癌) Alpha-fetoprotein (AFP)	\$360
	CEA 癌胚抗原 (直肠癌) Carcinoembryonic Antigen (CEA)	\$440
	EB 病毒抗体 (鼻咽癌) EBV serology for NPC	\$450
	CA125 (卵巢癌) CA125 (Ovary)	\$470
	CA19.9 (胰脏癌) CA19.9 (Pancreas)	\$470
	妇科检查及柏氏子宫颈涂片检查 Gynecological Examination & Pap Smear	\$660
骨质 * Bone *	骨质新陈代谢 - 维他命 D Bone Metabolism – Vitamin D Total	\$700
	双 X-光骨质密度检查 DEXA (Spine & Hip)	\$850
乳房 # Breasts #	乳房超声波 Ultrasound Breast	\$1,350
	乳房 X-光造影 Mammogram	\$1,600
盆腔 # Pelvis #	盆腔超声波 (经腹部) Ultrasound Pelvis (transabdominal)	\$1,180
心脏 Heart	运动压力心电图 Treadmill Stress Test	\$2,150
肝炎指标 Hepatitis Status	乙型肝炎表面抗原及抗体 Hepatitis B – HBsAg & HBsAb	\$410
	丙型肝炎抗体 Hepatitis C – HCV Ab	\$510

**自选额外检查项目 (须与上述体检计划一同选购) Optional items (To be taken with the above plan)**

检验范畴 Investigation Categories	检验项目 Check-up Items	价格 Price (HK\$)
<b>腹部 #</b> <b>Abdomen #</b>	上腹部超声波 (肝、胆、肾、胰、脾) Ultrasound Upper Abdomen (Liver, Gall Bladder, Kidney, Pancreas, Spleen)	\$2,300
	全腹部超声波 (经腹部) 上腹部 + 盆腔 Ultrasound Whole Abdomen (transabdominal) Upper Abdomen + Pelvis	\$2,850
<b>过敏检查服务</b> <b>Allergy Screening Test</b>	ALEX 过敏检查服务 - 多达 300 项检测致敏分子	\$5,500
	ALEX Allergy Screening Test - Up to 300 allergens IgE	

\* 骨质密度检查 – 于中环诊所或指定观塘区造影中心作检查

DEXA (Spine and Hip) available in Central Clinic or referral to designated Imaging Centre in Kwun Tong/Jordan.

# 造影检查 - 胸部 X 光/乳房 X 光造影/超声波 :

a) 中环 - 于中环诊所同一大厦的造影中心作检查

b) 观塘 - 胸部 X 光及乳房 X 光造影于观塘诊所作检查。超声波于指定观塘/佐敦区造影中心作检查

# For imaging test - X-ray/mammogram/ultrasound:

a) Central – performed in the imaging centre at the same building of Central clinic.

b) Kwun Tong – X-ray & mammogram at Kwun Tong clinic. Ultrasound in designated Imaging Centre in Kwun Tong/Jordan.

**体检地点 Check-up location 宝康医疗中心 Blue Care Medical Centre**

<b>中环</b> <b>Central</b>	电话 Tel (852) 2523 1808 香港中环德辅道中 33 号 10 楼 (港铁中环站 B 出口或香港站 C 出口) 10/F, 33 Des Voeux Road Central, Hong Kong (Central MTR Station Exit B or Hong Kong Station Exit C)
<b>观塘</b> <b>Kwun Tong</b>	电话 Tel (852) 2523 9383 香港九龙观塘道 418 号创纪之城 5 期东亚银行中心 28 楼 2802 室 (港铁观塘站 A2 出口) Unit 2802, 28/F, BEA Tower, Millennium City 5, 418 Kwun Tong Road, Kowloon (Kwun Tong MTR Station Exit A2)

生效日期 : 2026 年 1 月 1 日

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