

男士体检计划 Male Check-up Plan

			标准 Standard	精选 Classic
计划编号 Plan Code			M1	B15
医生会诊的体格检查 Physical Exam by Doctor			✓	✓
病历及健康问卷 Medical History & Health Questionnaire			✓	✓
体格检查 Physical Exam	身高及体重	Height & Weight	✓	✓
	血压及脉搏	Blood Pressure & Pulse	✓	✓
	体重指数及腰臀围量度	BMI & Waist/Hip Ratio	✓	✓
	视力及辨色测试	Visual Acuity & Colour Vision	✓	✓
血液检测 Blood Analysis	全血计	Complete Blood Count	✓	✓
糖尿病评估 Diabetes Assessment	空腹血糖	Glucose (Fasting)	✓	✓
肝功能 Liver Function	谷草转氨酶	SGOT / AST	-	✓
	谷丙转氨酶	SGPT / ALT	✓	✓
	碱性磷酸酶	Alkaline Phosphatase	✓	✓
	丙种谷氨酰转肽酶	Gamma GT	✓	✓
	总胆红素	Total Bilirubin	-	✓
痛风症检查 Gout Screening	尿酸	Uric Acid	✓	✓
血脂分析 Lipid Profile	胆固醇总量	Cholesterol (Total)	✓	✓
	高密度胆固醇	Cholesterol (HDL)	✓	✓
	低密度胆固醇	Cholesterol (LDL)	✓	✓
	高密度胆固醇比值	Total/HDL Cholesterol Ratio	-	✓
	三酸甘油酯	Triglycerides	✓	✓
肾功能 Kidney Function	尿素	Urea	✓	✓
	肌酸酐	Creatinine	✓	✓
甲状腺功能 Thyroid Function	甲状腺素	T4	-	✓
关节炎检查 Arthritis Screening	类风湿关节炎因子	Rheumatoid Factor	-	✓
尿液常规检查 Urine Test	小便常规检查	Urine Analysis	✓	✓
粪便检查 Stool Test	粪便隐血	Occult Blood	✓	✓
自选组合 (只限二选一) Self-selected Items (Choose either 1)	1) 乙型肝炎测试 - 乙型肝炎表面抗原及抗体 Hepatitis B Test - HbsAg & HbsAb 或 OR 2) 肿瘤测试 - 甲种胎儿蛋白(肝硬化) Tumour Marker - AFP (liver)		-	✓
肺部健康评估 Lung Assessment	胸肺部 X 光平片 #	Chest X-Ray #	✓	✓
	肺活量检查	Vitalograph	✓	-

男士体检计划 Male Check-up Plan

			标准 Standard	精选 Classic
计划编号 Plan Code			M1	B15
心脏功能 Cardiac Function	静态心电图 Resting ECG	Resting ECG	✓	✓
报告与跟进 Report & Follow up	报告及医生建议 Medical report with doctor comment	Medical report with doctor comment	✓	✓
	医生解释报告 Medical report review by doctor	Medical report review by doctor	✓	✓
原价 Original Price (HK\$)			\$3,900	\$4,580
优惠价 Special Price (HK\$)			\$1,880	\$2,480

自选额外检查项目 (须与上述体检计划一同选购) Optional items (To be taken with the above plan)

检验范畴 Investigation Categories	检验项目 Check-up Items	价钱 Price (HK\$)	
肿瘤指标 Tumor Marker	甲种胎儿蛋白 (肝癌) Alpha-fetoprotein (AFP)	\$360	
	CEA 癌胚抗原 (直肠癌) Carcinoembryonic Antigen (CEA)	\$440	
	EB 病毒抗体 (鼻咽癌) EBV serology for NPC	\$450	
	前列腺癌抗原 Prostate Specific Antigen PSA	\$450	
	CA19.9 (胰脏癌) CA19.9 (Pancreas)	\$470	
	HPV 筛查 (小便采样) HPV DNA by Urine	\$985	
	骨质 * Bone *	双 X-光骨质密度检查 DEXA (Spine & Hip)	\$850
	心脏 Heart	运动压力心电图 Treadmill Stress Test	\$2,150
肝炎指标 Hepatitis Status	甲型肝炎抗体 Hepatitis A – HAV Ab Total	\$320	
	乙型肝炎表面抗原及抗体 Hepatitis B – HBsAg & HBsAb	\$410	
	丙型肝炎抗体 Hepatitis C – HCV Ab	\$510	
	营养咨询服务 (45 - 60 分钟)^ Dietitian Service (45 - 60 minutes)^	营养评估及咨询服务 Nutrition Screening and Consultation Service	\$640

自选额外检查项目 (须与上述体检计划一同选购) Optional items (To be taken with the above plan)

检验范畴 Investigation Categories	检验项目 Check-up Items	价钱 Price (HK\$)
腹部 # Abdomen #	膀胱及前列腺 (经腹部) Ultrasound Urinary Bladder & Prostate (transabdominal)	\$1,200
	上腹部超声波 (肝、胆、肾、胰、脾) Ultrasound Upper Abdomen (Liver, Gall Bladder, Kidney, Pancreas, Spleen)	\$2,300
	全腹部超声波 (经腹部) 上腹部 + 前列腺 Ultrasound Whole Abdomen (transabdominal) Upper Abdomen + Prostate	\$2,850
过敏检查服务 Allergy Screening Test	华南过敏原检查 – 包括 84 种常见检测致敏原 South China Allergy Screening - Cover 84 common allergens	\$2,750

注 Remarks :

* 骨质密度检查 - 中环诊所或转介往指定观塘/佐敦区造影中心作检查
DEXA (Spine and Hip) available in Central Clinic or referral to designated Imaging Centre in Kwun Tong/Jordan.

造影检查 – 胸部 X 光/乳房 X 光造影/超声波 :

- a) 中环 - 于中环诊所同一大厦的造影中心作检查。
- b) 观塘 - 胸部 X 光及乳房 X 光造影于观塘诊所作检查。超声波于指定观塘/佐敦区造影中心作检查。

For imaging test – X-ray/mammogram/ultrasound:

- a) Central – performed in the imaging centre at the same building of Central clinic.
- b) Kwun Tong – X-ray & mammogram at Kwun Tong clinic. Ultrasound in designated Imaging Centre in Kwun Tong/Jordan.

^ 位于北角的香港大学专业进修学院 - 营养治疗及教研中心进行 (港铁炮台山站 B 出口)

To be provided by HKU SPACE Dietetic Clinic at Fortress Tower in North Point (MTR Fortress Hill Station Exit "B").

附加检查项目价格如有更改，恕不另行通知，收费以服务当日为准。

The price of optional items is subject to change without prior notice.
Services are charged at the prevailing rates in the clinic when the services are performed.

体检地点 Check-up location 宝康医疗中心 Blue Care Medical Centre

中环 Central	电话 Tel (852) 2523 1808 香港中环德辅道中 33 号 10 楼 (港铁中环站 B 出口或香港站 C 出口) 10/F, 33 Des Voeux Road Central, Hong Kong (Central MTR Station Exit B or Hong Kong Station Exit C)
观塘 Kwun Tong	电话 Tel (852) 2523 9383 香港九龙观塘道 418 号创纪之城 5 期东亚银行中心 28 楼 2802 室 (港铁观塘站 A2 出口) Unit 2802, 28/F, BEA Tower, Millennium City 5, 418 Kwun Tong Road, Kowloon (Kwun Tong MTR Station Exit A2)

生效日期：2026 年 3 月 1 日

Effective date: 1 Mar 2026