

男士体检计划 Male Check-up Plan

			标准 Standard	精选 Classic
计划编号 Plan Code			M1	B15
医生会诊的体格检查 Physical Exam by Doctor			✓	✓
病历及健康问卷 Medical History & Health Questionnaire			✓	✓
体格检查 Physical Exam	身高及体重	Height & Weight	✓	✓
	血压及脉搏	Blood Pressure & Pulse	✓	✓
	体重指数及腰臀围量度	BMI & Waist/Hip Ratio	✓	✓
	视力及辨色测试	Visual Acuity & Colour Vision	✓	✓
血液检测 Blood Analysis	全血计	Complete Blood Count	✓	✓
糖尿病评估 Diabetes Assessment	空腹血糖	Glucose (Fasting)	✓	✓
肝功能 Liver Function	谷草转氨酶	SGOT / AST	-	✓
	谷丙转氨酶	SGPT / ALT	✓	✓
	碱性磷酸酶	Alkaline Phosphatase	✓	✓
	丙种谷氨酰转肽酶	Gamma GT	✓	✓
	总胆红素	Total Bilirubin	-	✓
痛风症检查 Gout Screening	尿酸	Uric Acid	✓	✓
血脂分析 Lipid Profile	胆固醇总量	Cholesterol (Total)	✓	✓
	高密度胆固醇	Cholesterol (HDL)	✓	✓
	低密度胆固醇	Cholesterol (LDL)	✓	✓
	高密度胆固醇比值	Total/HDL Cholesterol Ratio	-	✓
	三酸甘油酯	Triglycerides	✓	✓
肾功能 Kidney Function	尿素	Urea	✓	✓
	肌酸酐	Creatinine	✓	✓
甲状腺功能 Thyroid Function	甲状腺素	T4	-	✓
关节炎检查 Arthritis Screening	类风湿关节炎因子	Rheumatoid Factor	-	✓
尿液常规检查 Urine Test	小便常规检查	Urine Analysis	✓	✓
粪便检查 Stool Test	粪便隐血	Occult Blood	✓	✓
自选组合 (只限二选一) Self-selected Items (Choose either 1)	1) 乙型肝炎测试 - 乙型肝炎表面抗原及抗体 Hepatitis B Test - HbsAg & HbsAb 或 OR		-	✓
	2) 肿瘤测试 - 甲种胎儿蛋白(肝硬化) Tumour Marker - AFP (liver)			
肺部健康评估 Lung Assessment	胸肺部 X 光平片 #	Chest X-Ray #	✓	✓
	肺活量检查	Vitalograph	✓	-

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心脏功能 Cardiac Function	静态心电图 Resting ECG	Resting ECG	✓	✓
报告与跟进 Report & Follow up	报告及医生建议 Medical report with doctor comment	Medical report with doctor comment	✓	✓
	医生解释报告 Medical report review by doctor	Medical report review by doctor	✓	✓
原价 Original Price (HK\$)			\$3,900	\$4,580
优惠价 Special Price (HK\$)			\$1,880	\$2,480

自选额外检查项目 (须与上述体检计划一同选购) Optional items (To be taken with the above plan)

检验范畴 Investigation Categories	检验项目 Check-up Items	价钱 Price (HK\$)
肿瘤指标 Tumor Marker	甲种胎儿蛋白 (肝癌) Alpha-fetoprotein (AFP)	\$360
	CEA 癌胚抗原 (直肠癌) Carcinoembryonic Antigen (CEA)	\$440
	EB 病毒抗体 (鼻咽癌) EBV serology for NPC	\$450
	前列腺癌抗原 Prostate Specific Antigen PSA	\$450
	CA19.9 (胰脏癌) CA19.9 (Pancreas)	\$470
	HPV 筛查 (小便采样) HPV DNA by Urine	\$985
	骨质 * Bone *	\$850
	心脏 Heart	\$2,150
肝炎指标 Hepatitis Status	甲型肝炎抗体 Hepatitis A – HAV Ab Total	\$320
	乙型肝炎表面抗原及抗体 Hepatitis B – HBsAg & HBsAb	\$410
	丙型肝炎抗体 Hepatitis C – HCV Ab	\$510
	营养咨询服务 (45 - 60 分钟)^ Dietitian Service (45 - 60 minutes)^	\$640

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检验范畴 Investigation Categories	检验项目 Check-up Items	价钱 Price (HK\$)
腹部 # Abdomen #	膀胱及前列腺 (经腹部) Ultrasound Urinary Bladder & Prostate (transabdominal)	\$1,200
	上腹部超声波 (肝、胆、肾、胰、脾) Ultrasound Upper Abdomen (Liver, Gall Bladder, Kidney, Pancreas, Spleen)	\$2,300
	全腹部超声波 (经腹部) 上腹部 + 前列腺 Ultrasound Whole Abdomen (transabdominal) Upper Abdomen + Prostate	\$2,850

注 Remarks :

* 骨质密度检查 - 中环诊所或转介往指定观塘/佐敦区造影中心作检查

DEXA (Spine and Hip) available in Central Clinic or referral to designated Imaging Centre in Kwun Tong/Jordan.

造影检查 - 胸部 X 光/乳房 X 光造影/超声波 :

a) 中环 - 于中环诊所同一大厦的造影中心作检查。

b) 观塘 - 胸部 X 光及乳房 X 光造影于观塘诊所作检查。超声波于指定观塘/佐敦区造影中心作检查。

For imaging test – X-ray/mammogram/ultrasound:

a) Central – performed in the imaging centre at the same building of Central clinic.

b) Kwun Tong – X-ray & mammogram at Kwun Tong clinic. Ultrasound in designated Imaging Centre in Kwun Tong/Jordan.

^ 位于北角的香港大学专业进修学院 - 营养治疗及教研中心进行 (港铁炮台山站 B 出口)

To be provided by HKU SPACE Dietetic Clinic at Fortress Tower in North Point (MTR Fortress Hill Station Exit "B").

价格如有更改，恕不另行通知。 The price is subject to change without prior notice.

体检地点 Check-up location 宝康医疗中心 Blue Care Medical Centre

中环 Central	电话 Tel (852) 2523 1808 香港中环德辅道中 33 号 10 楼 (港铁中环站 B 出口或香港站 C 出口) 10/F, 33 Des Voeux Road Central, Hong Kong (Central MTR Station Exit B or Hong Kong Station Exit C)
观塘 Kwun Tong	电话 Tel (852) 2523 9383 香港九龙观塘道 418 号创纪之城 5 期东亚银行中心 28 楼 2802 室 (港铁观塘站 A2 出口) Unit 2802, 28/F, BEA Tower, Millennium City 5, 418 Kwun Tong Road, Kowloon (Kwun Tong MTR Station Exit A2)

生效日期 : 2026 年 1 月 1 日

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