

寶康尊貴體檢計劃 Supreme Check-up Plan

			男 Male	女 Female
計劃編號 Plan Code			B26	B27
醫生會診的體格檢查	Physical Exam by Doctor		✓	✓
病歷及健康問卷	Medical History & Health Questionnaire		✓	✓
身體檢查 Physical Exam	身高, 體重, 血壓及脈搏	Height, Weight, Blood Pressure & Pulse	✓	✓
	體重指數及腰臀圍量度	BMI & Waist/Hip ratio	✓	✓
	視力及辨色測試	Visual Acuity & Colour Vision	✓	✓
	音叉聽覺測試	Hearing Test by Tuning Fork	✓	✓
青光眼測試 Glaucoma Test	青光眼檢查 (只限中環診所提供)	Glaucoma Test by Tonometry (Central clinic only)	✓	✓
血液檢查 Haematological Tests	全血計及血塗片	Complete Blood Count, Blood Film	✓	✓
	血型及恆河猴因子	ABO & Rh (D) Typing	✓	✓
	鐵質	Iron	✓	✓
糖尿病 Diabetes Mellitus	空腹血糖	Glucose (Fasting)	✓	✓
	糖化血色素	HbA1c	✓	✓
肝功能測試 Liver Function	谷草轉氨酶	SGOT / AST	✓	✓
	谷丙轉氨酶	SGPT / ALT	✓	✓
	鹼性磷酸酶	Alkaline Phosphatase	✓	✓
	丙種谷氨酰轉肽酶	Gamma GT	✓	✓
	總膽紅素及總蛋白質	Total Bilirubin & Total Protein	✓	✓
	白蛋白及球蛋白	Albumin & Globulin	✓	✓
肝炎指標 Hepatitis Status	甲型肝炎抗體	Hepatitis A - HAV Ab Total	✓	✓
	乙型肝炎表面抗原	Hepatitis B - HBsAg	✓	✓
	乙型肝炎表面抗體	Hepatitis B - HBsAb	✓	✓
	丙型肝炎抗體	Hepatitis C - HCV Ab	✓	✓
痛風症檢查 Gout Screening	尿酸	Uric Acid	✓	✓
關節炎檢查 Arthritis Screening	類風濕關節炎因子	RA Factor	✓	✓
骨骼新陳代謝 Bone Metabolism	鈣	Calcium	✓	✓
	磷酸鹽	Phosphate	✓	✓
血脂檢查 Lipid Profile	膽固醇總量	Cholesterol (Total)	✓	✓
	高密度膽固醇	Cholesterol (HDL)	✓	✓
	低密度膽固醇	Cholesterol (LDL)	✓	✓
	高密度膽固醇比值	Total/HDL Cholesterol Ratio	✓	✓
	三酸甘油脂	Triglycerides	✓	✓
腎功能測試 Kidney Function	尿素	Urea	✓	✓
	肌酸酐	Creatinine	✓	✓

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計劃編號	Plan Code		B26	B27
電解質 Electrolytes	鈉, 鉀	Sodium & Potassium	✓	✓
	氯化物, 碳酸氫鹽	Chloride & Carbonate	✓	✓
甲狀腺功能 Thyroid Function	甲狀腺素	T4	✓	✓
	促甲狀腺激素	TSH	✓	✓
血清 Serology	梅毒血清試驗	VDRL	✓	✓
小便檢查 Urine Examination	小便常規檢查	Urine Analysis	✓	✓
糞便檢查 Stool Examination	糞便常規	Stool Routine	✓	✓
	糞便隱血	Occult Blood	✓	✓
	幽門螺桿菌抗原檢查	H. Pylori Antigen	✓	✓
腫瘤測試 Tumour Markers	甲種胎兒蛋白 (肝硬化)	Alpha-fetoprotein (Liver)	✓	✓
	EB 病毒抗體 (鼻咽癌)	EBV for NPC	✓	✓
	CEA 癌胚抗原 (直腸癌)	Carcinoembryonic Antigen (CEA)	✓	✓
	前列腺癌抗原 - 男士	PSA (Prostate) - Male	✓	-
心臟功能 Cardiac Functions Test	靜態心電圖	Resting ECG	✓	✓
	運動壓力心電圖	Treadmill Stress Test	✓	✓
	高靈敏度C反應蛋白	C-Reactive Protein (high sensitive)	✓	✓
X-Ray 造影	胸肺部 X 光平片 #	Chest X-Ray #	✓	✓
肺功能測試 Lung Function Test	肺活量檢查	Vitalograph	✓	✓
骨質疏鬆症檢查 Osteoporosis Screening	雙 X-光骨質密度檢查 (腰椎及股骨)*	DEXA (Spine and Hip)*	✓	✓
婦女檢查 Female Check	乳房及盆腔檢查 (觸診)	Breast & Pelvic Examination	-	✓
	柏氏子宮頸塗片檢查	Pap Smear	-	✓
	乳房超聲波 (只適用 < 40 歲) # 或 乳房 X 光造影 (只適用 ≥ 40 歲) #	Breast Ultrasound (for age < 40 only) # or Mammogram (for age ≥ 40 only) #	-	✓
報告與跟進 Report & Follow Up	報告及醫生建議	Lab Report with Doctor's Comment	✓	✓
	醫生解釋報告	Doctor Consultation for Report Review	✓	✓
原價 Original Price (HK\$)			\$15,950	\$17,750
優惠價 Special Price (HK\$)			\$8,280	\$9,500

造影檢查 - 胸部 X 光:

- a) 中環 - 於中環診所同一大廈的造影中心作檢查。
- b) 觀塘 - 於觀塘診所作檢查。

Imaging test - X-ray/Mammogram/Ultrasound:

- a) Central - performed in the imaging centre at the same building of Central clinic.
- b) Kwun Tong - X-ray at Kwun Tong clinic.

價格如有更改，恕不另行通知。The price is subject to change without prior notice.

自選額外檢查項目 (須與上述體檢計劃一同選購) Optional items (To be taken with the above plan)

檢驗範疇 Investigation Categories	檢驗項目 Check-up Items	價錢 Price (HK\$)
腫瘤指標 Tumor Marker	柏氏子宮頸塗片檢查升級至 HPV 篩查 (小便採樣)  Pap Smear upgrade to HPV DNA by Urine	\$550
	HPV 篩查 (小便採樣) - 適合男士  HPV DNA by Urine - Suitable for male	\$985
	CA125 (卵巢癌) (女性) CA125 (Ovary) (Female)	\$470
	CA19.9 (胰臟癌) CA19.9 (Pancreas)	\$470
	乳房超聲波 # Ultrasound Breast #	\$1,330
乳房 (女性) Breasts (Female)	乳房 X-光造影 # Mammogram #	\$1,600
盆腔 (女性) Pelvis (Female)	盆腔超聲波 (經腹部) # Ultrasound Pelvis (transabdominal) #	\$1,180
肝及膽 Liver, Gall Bladder	肝及膽超聲波 # Ultrasound Liver, Gall Bladder #	\$1,050
腹部 Abdomen	上腹部超聲波 (肝、膽、腎、胰、脾) # Ultrasound Upper Abdomen # (Liver, Gall Bladder, Kidney, Pancreas, Spleen)	\$2,300
	全腹部超聲波 (經腹部) 上腹部 + 盆腔 (女性) / 前列腺 (男性) # Ultrasound Whole Abdomen (transabdominal) # Upper Abdomen + Pelvis (Female) / Prostate (Male)	\$2,850
	營養諮詢服務 (45 - 60 分鐘)^ Dietitian Service (45 - 60 minutes)^	\$620
ALEX 過敏檢查服務 ALEX Allergy Screening Test	檢測多達 300 項致敏分子 (血液採樣)  Up to 300 allergens SIgE (Blood sample)	\$5,500

* 骨質密度檢查 - 中環診所或轉介往指定觀塘/佐敦區造影中心作檢查
DEXA (Spine and Hip) available in Central Clinic or referral to designated Imaging Centre in Kwun Tong/Jordan.

造影檢查 - 胸部 X 光/乳房 X 光造影/超聲波:

- a) 中環 - 於中環診所同一大廈的造影中心作檢查
- b) 觀塘 - 胸部 X 光及乳房 X 光造影於觀塘診所作檢查。超聲波於指定觀塘/佐敦區造影中心作檢查。

For imaging test - X-ray/mammogram/ultrasound:

- a) Central - performed in the imaging centre at the same building of Central clinic.
- b) Kwun Tong - X-ray & mammogram at Kwun Tong clinic. Ultrasound in designated Imaging Centre in Kwun Tong/Jordan.

^ 位於北角的香港大學專業進修學院 - 營養治療及教研中心進行 (港鐵炮台山站 B 出口)
To be provided by HKU SPACE Dietetic Clinic at Fortress Tower in North Point (MTR Fortress Hill Station Exit "B").

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體檢地點 Check-up location 寶康醫療中心 Blue Care Medical Centre



中環 Central	電話 Tel (852) 2523 1808 香港中環德輔道中 33 號 10 樓 (港鐵中環站 B 出口或香港站 C 出口) 10/F, 33 Des Voeux Road Central, Hong Kong (Central MTR Station Exit B or Hong Kong Station Exit C)
觀塘 Kwun Tong	電話 Tel (852) 2523 9383 香港九龍觀塘道 418 號創紀之城 5 期東亞銀行中心 28 樓 2802 室 (港鐵觀塘站 A2 出口) Unit 2802, 28/F, BEA Tower, Millennium City 5, 418 Kwun Tong Road, Kowloon (Kwun Tong MTR Station Exit A2)

生效日期: 2025 年 1 月 1 日
Effective date: 1 Jan 2025