

## 骨質疏鬆風險篩查 Bone Health Risk Screening

立即預約  
BOOK NOW

計劃編號 Plan Code			BC-C21
醫生會診的體格檢查 Physical Exam by Doctor			✓
病歷及健康問卷 Medical History & Health Questionnaire			✓
體格檢查 Physical Exam	身高及體重	Height & Weight	✓
	血壓及脈搏	Blood Pressure & Pulse	✓
	體重指數及腰臀圍量度	BMI & Waist/Hip Ratio	✓
甲狀腺功能 Thyroid Function	促甲狀腺激素	TSH	✓
骨質新陳代謝 Bone Metabolism	鈣	Calcium	✓
	磷酸鹽	Phosphorus	✓
	鹼性磷酸酶	Alkaline phosphatase	✓
	維他命 D	Vitamin D	✓
骨質健康 Bone Health	雙 X-光骨質密度檢查*	DEXA (Spine & Hip)*	✓
報告與跟進	報告及醫生建議	Medical report with doctor comment	✓
Report & Follow Up	醫生解釋報告	Medical report review by doctor	✓
原價 Original Price (HK\$)			\$3,500
優惠價 Special Price (HK\$)			\$1,750

\*骨質密度檢查 - 於中環診所或指定觀塘區造影中心作檢查  
DEXA in Central Clinic or in Kwun Tong's designated Imaging Centre.

### 自選額外檢查項目 (須與上述體檢計劃一同選購) Optional items (To be taken with the above plan)

檢驗範疇 Investigation Categories	檢驗項目 Check-up Items	價格 Price (HK\$)
腫瘤指標 Tumor Marker	甲種胎兒蛋白 (肝癌) Alpha-fetoprotein (AFP)	\$360
	CEA 癌胚抗原 (直腸癌) Carcinoembryonic Antigen (CEA)	\$440
	EB 病毒抗體 (鼻咽癌) EBV serology for NPC	\$450
	前列腺癌抗原 (男性) Prostate Specific Antigen PSA (Male)	\$450
	CA125 (卵巢癌) (女性) CA125 (Ovary) (Female)	\$470
	CA19.9 (胰臟癌) CA19.9 (Pancreas)	\$470
	HPV 篩查 (小便採樣) - 男女適用 HPV DNA by Urine - Suitable for Female & Male	\$985
	營養評估及諮詢服務 Nutrition Screening and Consultation Service	\$640
	營養諮詢服務 (45 - 60 分鐘)^ Dietitian Service (45 - 60 minutes)^	

\* 骨質密度檢查 - 中環診所或轉介往指定觀塘/佐敦區造影中心作檢查  
DEXA (Spine and Hip) available in Central Clinic or referral to designated Imaging Centre in Kwun Tong/Jordan.

^ 位於北角的香港大學專業進修學院 - 營養治療及教研中心進行 (港鐵炮台山站 B 出口)  
To be provided by HKU SPACE Dietetic Clinic at Fortress Tower in North Point (MTR Fortress Hill Station Exit "B").

**自選額外檢查項目 (須與上述體檢計劃一同選購) Optional items (To be taken with the above plan)**

檢驗範疇 Investigation Categories	檢驗項目 Check-up Items	價格 Price (HK\$)
心臟 Heart	運動壓力心電圖 Treadmill Stress Test	\$2,150
肝炎指標 Hepatitis Status	甲型肝炎抗體 Hepatitis A – HAV Ab Total	\$320
	乙型肝炎表面抗原及抗體 Hepatitis B – HBsAg & HBsAb	\$410
	丙型肝炎抗體 Hepatitis C – HCV Ab	\$510
肝及膽 # Liver, Gall Bladder #	肝及膽超聲波 Ultrasound Liver, Gall Bladder	\$1,050
腹部 # Abdomen #	上腹部超聲波 (肝、膽、腎、胰、脾) Ultrasound Upper Abdomen (Liver, Gall Bladder, Kidney, Pancreas, Spleen)	\$2,300
	全腹部超聲波 (經腹部) 上腹部 + 盆腔/前列腺 Ultrasound Whole Abdomen (transabdominal) Upper Abdomen + Pelvis/Prostate	\$2,850

# 造影檢查 - 胸部 X 光/乳房 X 光造影/超聲波:

- a) 中環 - 於中環診所同一大廈的造影中心作檢查
- b) 觀塘 - 胸部 X 光及乳房 X 光造影於觀塘診所作檢查。超聲波於指定觀塘/佐敦區造影中心作檢查。

# For imaging test – X-ray/mammogram/ultrasound:

- a) Central – performed in the imaging centre at the same building of Central clinic.
- b) Kwun Tong – X-ray & mammogram at Kwun Tong clinic. Ultrasound in designated Imaging Centre in Kwun Tong/Jordan.

價格如有更改，恕不另行通知。

The price is subject to change without prior notice.

**體檢地點 Check-up location 寶康醫療中心 Blue Care Medical Centre**

中環 Central	電話 Tel (852) 2523 1808 香港中環德輔道中 33 號 10 樓 (港鐵中環站 B 出口或香港站 C 出口) 10/F, 33 Des Voeux Road Central, Hong Kong (Central MTR Station Exit B or Hong Kong Station Exit C)
觀塘 Kwun Tong	電話 Tel (852) 2523 9383 香港九龍觀塘道 418 號創紀之城 5 期東亞銀行中心 28 樓 2802 室 (港鐵觀塘站 A2 出口) Unit 2802, 28/F, BEA Tower, Millennium City 5, 418 Kwun Tong Road, Kowloon (Kwun Tong MTR Station Exit A2)

生效日期: 2026 年 1 月 1 日  
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