

骨質疏鬆風險篩查 Bone Health Risk Screening

計劃編號 Plan Code			BC-C21
醫生會診的體格檢查 Physical Exam by Doctor			✓
病歷及健康問卷 Medical History & Health Questionnaire			✓
體格檢查 Physical Exam	身高及體重	Height & Weight	✓
	血壓及脈搏	Blood Pressure & Pulse	✓
	體重指數及腰臀圍量度	BMI & Waist/Hip Ratio	✓
甲狀腺功能 Thyroid Function	促甲狀腺激素	TSH	✓
骨質新陳代謝 Bone Metabolism	鈣	Calcium	✓
	磷酸鹽	Phosphorus	✓
	鹼性磷酸酶	Alkaline phosphatase	✓
	維他命 D	Vitamin D	✓
骨質健康 Bone Health	雙 X-光骨質密度檢查*	DEXA (Spine & Hip)*	✓
報告與跟進 Report & Follow Up	報告及醫生建議	Medical report with doctor comment	✓
	醫生解釋報告	Medical report review by doctor	✓
原價 Original Price (HK\$)			\$3,500
優惠價 Special Price (HK\$)			\$1,750

*骨質密度檢查 - 於中環診所或指定觀塘區造影中心作檢查
DEXA in Central Clinic or in Kwun Tong's designated Imaging Centre.

自選額外檢查項目 (須與上述體檢計劃一同選購) Optional items (To be taken with the above plan)

檢驗範疇 Investigation Categories	檢驗項目 Check-up Items	價錢 Price (HK\$)
腫瘤指標 Tumor Marker	甲種胎兒蛋白 (肝癌) Alpha-fetoprotein (AFP)	\$360
	CEA 癌胚抗原 (直腸癌) Carcinoembryonic Antigen (CEA)	\$440
	EB 病毒抗體 (鼻咽癌) EBV serology for NPC	\$450
	前列腺癌抗原 (男性) Prostate Specific Antigen PSA (Male)	\$450
	CA125 (卵巢癌) (女性) CA125 (Ovary) (Female)	\$470
	CA19.9 (胰臟癌) CA19.9 (Pancreas)	\$470
	HPV 篩查 (小便採樣) - 男女適用 HPV DNA by Urine - Suitable for Female & Male	\$985
	營養諮詢服務 (45 - 60 分鐘)^ Dietitian Service (45 - 60 minutes)^	\$620
	營養評估及諮詢服務 Nutrition Screening and Consultation Service	\$620



* 骨質密度檢查 - 中環診所或轉介往指定觀塘/佐敦區造影中心作檢查
DEXA (Spine and Hip) available in Central Clinic or referral to designated Imaging Centre in Kwun Tong/Jordan.

^ 位於北角的香港大學專業進修學院 - 營養治療及教研中心進行 (港鐵炮台山站 B 出口)
To be provided by HKU SPACE Dietetic Clinic at Fortress Tower in North Point (MTR Fortress Hill Station Exit "B").

自選額外檢查項目 (須與上述體檢計劃一同選購) Optional items (To be taken with the above plan)

檢驗範疇 Investigation Categories	檢驗項目 Check-up Items	價錢 Price (HK\$)
心臟 Heart	運動壓力心電圖 Treadmill Stress Test	\$2,150
肝炎指標 Hepatitis Status	甲型肝炎抗體 Hepatitis A – HAV Ab Total	\$320
	乙型肝炎表面抗原及抗體 Hepatitis B – HBsAg & HBsAb	\$400
	丙型肝炎抗體 Hepatitis C – HCV Ab	\$510
肝及膽 Liver, Gall Bladder	肝及膽超聲波 # Ultrasound Liver, Gall Bladder #	\$1,050
腹部 Abdomen	上腹部超聲波 (肝、膽、腎、胰、脾) # Ultrasound Upper Abdomen # (Liver, Gall Bladder, Kidney, Pancreas, Spleen)	\$2,300
	全腹部超聲波 (經腹部) 上腹部 + 盆腔/前列腺 # Ultrasound Whole Abdomen (transabdominal) # Upper Abdomen + Pelvis/Prostate	\$2,850

造影檢查 - 胸部 X 光/乳房 X 光造影/超聲波:

a) 中環 - 於中環診所同一大廈的造影中心作檢查

b) 觀塘 - 胸部 X 光及乳房 X 光造影於觀塘診所作檢查。超聲波於指定觀塘/佐敦區造影中心作檢查。

For imaging test - X-ray/mammogram/ultrasound:

a) Central - performed in the imaging centre at the same building of Central clinic.

b) Kwun Tong - X-ray & mammogram at Kwun Tong clinic. Ultrasound in designated Imaging Centre in Kwun Tong/Jordan.

價格如有更改，恕不另行通知。 The price is subject to change without prior notice.

體檢地點 Check-up location 寶康醫療中心 Blue Care Medical Centre


中環 Central	電話 Tel (852) 2523 1808 香港中環德輔道中 33 號 10 樓 (港鐵中環站 B 出口或香港站 C 出口) 10/F, 33 Des Voeux Road Central, Hong Kong (Central MTR Station Exit B or Hong Kong Station Exit C)
觀塘 Kwun Tong	電話 Tel (852) 2523 9383 香港九龍觀塘道 418 號創紀之城 5 期東亞銀行中心 28 樓 2802 室 (港鐵觀塘站 A2 出口) Unit 2802, 28/F, BEA Tower, Millennium City 5, 418 Kwun Tong Road, Kowloon (Kwun Tong MTR Station Exit A2)

生效日期: 2025 年 5 月 1 日
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