

## 骨质疏松风险筛查 Bone Health Risk Screening

 立即预约  
BOOK NOW

计划编号 Plan Code			BC-C21
医生会诊的体格检查 Physical Exam by Doctor			✓
病历及健康问卷 Medical History & Health Questionnaire			✓
体格检查 Physical Exam	身高及体重 Height & Weight		✓
	血压及脉搏 Blood Pressure & Pulse		✓
	体重指数及腰臀围量度 BMI & Waist/Hip Ratio		✓
甲状腺功能 Thyroid Function	促甲状腺激素 TSH		✓
	钙 Calcium		✓
骨质新陈代谢 Bone Metabolism	磷酸盐 Phosphorus		✓
	碱性磷酸酶 Alkaline phosphatase		✓
	维生素的 Vitamin D		✓
骨质健康 Bone Health	双 X-光骨质密度检查* DEXA (Spine & Hip)*		✓
报告与跟进 Report & Follow Up	报告及医生建议 Medical report with doctor comment		✓
	医生解释报告 Medical report review by doctor		✓
		原价 Original Price(HK\$)	\$3,500
		优惠价 Special Price(HK\$)	\$1,750

\*骨质密度检查-于中环诊所或指定观塘区造影中心作检查  
DEXA in Central Clinic or in Kwun Tong's designated Imaging Centre.

自选额外检查项目(须与上述体检计划一同选购) Optional items(To be taken with the above plan)		
检验范畴 Investigation Categories	检验项目 Check-up Items	价格 Price(HK\$)
肿瘤指标 Tumor Marker	甲种胎儿蛋白(肝癌) Alpha-fetoprotein (AFP)	\$360
	CEA 癌胚抗原(直肠癌) Carcinoembryonic Antigen (CEA)	\$440
	EB 病毒抗体(鼻咽癌) EBV serology for NPC	\$450
	前列腺癌抗原(男性) Prostate Specific Antigen PSA (Male)	\$450
	CA125 (卵巢癌) (女性) CA125 (Ovary) (Female)	\$470
	CA19.9 (胰脏癌) CA19.9 (Pancreas)	\$470
	HPV 筛查(小便采样) -男女适用 HPV DNA by Urine - Suitable for Female & Male	\$985
营养咨询服务(45 - 60 分钟)^ Dietitian Service (45 - 60 minutes)^	营养评估及咨询服务 Nutrition Screening and Consultation Service	\$640

\*骨质密度检查-中环诊所或转介往指定观塘/佐敦区造影中心作检查  
DEXA (Spine and Hip) available in Central Clinic or referral to designated Imaging Centre in Kwun Tong/Jordan.

^位于北角的香港大学专业进修学院-营养治疗及教研中心进行(港铁炮台山站 b 出口)  
To be provided by HKU SPACE Dietetic Clinic at Fortress Tower in North Point (MTR Fortress Hill Station Exit "B").

**自选额外检查项目(须与上述体检计划一同选购) Optional items(To be taken with the above plan)**

检验范畴 Investigation Categories	检验项目 Check-up Items	价格 Price(HK\$)
心脏 Heart	运动压力心电图 Treadmill Stress Test	\$2,150
肝炎指标 Hepatitis Status	甲型肝炎抗体 Hepatitis A – HAV Ab Total 乙型肝炎表面抗原及抗体 Hepatitis B – HBsAg & HBsAb 丙型肝炎抗体 Hepatitis C – HCV Ab	\$320 \$410 \$510
肝及胆 # Liver, Gall Bladder #	肝及胆超声波 Ultrasound Liver, Gall Bladder	\$1,050
腹部 # Abdomen #	上腹部超声波(肝、胆、肾、胰、脾) Ultrasound Upper Abdomen (Liver, Gall Bladder, Kidney, Pancreas, Spleen) 全腹部超声波(经腹部)上腹部+ 盆腔/前列腺 Ultrasound Whole Abdomen (transabdominal) Upper Abdomen + Pelvis/Prostate	\$2,300 \$2,850

# 造影检查 – 胸部 X 光/乳房 X 光造影/超声波：

- a) 中环 - 於中环诊所同一大厦的造影中心作检查
- b) 观塘 - 胸部 X 光及乳房 X 光造影於观塘诊所作检查。超声波於指定观塘/佐敦区造影中心作检查。

# For imaging test – X-ray/Mammogram/Ultrasound:

- a) Central – performed in the imaging centre at the same building of Central clinic.
- b) Kwun Tong – X-ray & Mammogram at Kwun Tong clinic. Ultrasound in designated Imaging Centre in Kwun Tong/Jordan.

价格如有更改，恕不另行通知。

The price is subject to change without prior notice.

**体检地点 Check-up location 宝康医疗中心 Blue Care Medical Centre**

中环 Central	电话 Tel (852) 2523 1808 香港中环德辅道中 33 号 10 楼(港铁中环站 b 出口或香港站 C 出口) 10/F, 33 Des Voeux Road Central, Hong Kong (Central MTR Station Exit B or Hong Kong Station Exit C)
观塘 Kwun Tong	电话 Tel (852) 2523 9383 香港九龙观塘道 418 号创纪之城 5 期东亚银行中心 28 楼 2802 室(港铁观塘站 A2 出口) Unit 2802, 28/F, BEA Tower, Millennium City 5, 418 Kwun Tong Road, Kowloon (Kwun Tong MTR Station Exit A2)

生效日期：2026 年 1 月 1 日  
Effective date: 1 January 2026